

**2019 Alberta Provincial Racewalk Championships and Open Walks**  
**September 7, 2019**  
**William Hawrelak Park, Edmonton.**

Position	Alberta Provincial Position	Name	AGE	TEAM NAME	Time
<b>20km Racewalk Men Open</b>					
1	1	Mathieu Bilodeau	35	RUNNING ROOM ATHLETIC CLUB ALBERTA	1:29:04
2	2	Ian Lamplough	58	EDMONTON RACEWALK CLUB	2:18.31
<b>Racewalk Women Open</b>					
1	1	Teresa Chiozza	69	HEARTLAND RACEWALK CLUB	1:09:19
--	--	Johanna Flipsen	64	HEARTLAND RACEWALK CLUB	DNF
<b>Racewalk Men Open</b>					
1	1	Philip Vesty	56	EDMONTON RACEWALK CLUB	57:46
2	2	Dave Keenan	61	HEARTLAND RACEWALK CLUB	59:36
--	--	Gordon Mosher	43	Unattached	DQ - 230.7(a)
<b>Racewalk Women Open</b>					
1	1	Jean McDermitt	50	UNATTACHED ALBERTA	32:18
2	--	Suzanne Sharp	65	Greyhounds Masters Track & Field Club	33:08
3	2	Sheila Ruller	54	EDMONTON RACEWALK CLUB	35:58
4	3	Wendy King		UNATTACHED ALBERTA	40:32
<b>Racewalk Men Open</b>					
1	1	Henry Charrois	68	EDMONTON RACEWALK CLUB	29:14
2	--	Val Sirbu	31	EDMONTON RACEWALK CLUB	34:15
3	2	Garry Stone	63	EDMONTON RACEWALK CLUB	36:03
4	3	Robert Howard	72	UNATTACHED ALBERTA	36:08
5	4	Bob Blackwood	74	Unattached	44:56
<b>Racewalk Women Under 16</b>					
1	N/A	Lorentina Rudari	15	Edmonton Royals Track and Field Club	8:00
2	N/A	Natasha Iwuc	14	EDMONTON THUNDER	8:33
3	N/A	Rinora Aliu	12	Edmonton Royals Track and Field Club	9:06
4	N/A	Kayla Malle	13	Edmonton Royals Track and Field Club	9:09
<b>10k Women Open (not judged)</b>					
1	N/A	Bonnie Ashton	69	Unattached	37:36
2	N/A	Carole Cheslock	65	Unattached	37:43
3	N/A	Jetske Huising	68	Unattached	41:57
4	N/A	Claudia Karch	58	Unattached	42:00
5	N/A	Christine Jorstad	57	Unattached	42:02
--	N/A	Joanne Gardiner	54	Unattached	DNS
<b>10k Men Open (not judged)</b>					
1	N/A	Takuo Nakano	79	Unattached	41:19

**2019 Alberta Racewalk Championships - 2019-09-07****William Hawrelak Park****Results - Saturday****Mixed 1250 Metre Race Walk Under 16**

Name	Age Team	Seed	Finals
Finals			
1 Lorentina Rudari	W15 Edmonton Roy,Edmont		7:59.1h
2 Natasha Iwuc	W14 Edmonton Thunder,Ed		8:32.6h
3 Rinora Aliu	W13 Edmonton Roy,Edmont		9:05.3h
4 Kayla Malle	W13 Edmonton Roy,Edmont		9:08.4h

**Mixed 5000 Metre Race Walk Power Walk Open**

Name	Age Team	Seed	Finals
1 Bonnie Ashton	W69 Unattached,Edmonton		37:35.9h
2 Carole Cheslock	W65 Unattached,Edmonton		37:42.1h
3 Takuo Nakano	M79 Unattached,Edmonton		41:18.1h
4 Jetske Huising	W68 Unattached,Edmonton		41:56.1h
5 Claudia Karch	W58 Unattached,Ardrossa		42:00.0h
6 Christine Jorstad	W57 Unattached,ardrossa		42:01.4h
-- Joanne Gardiner	W55 Unattached,Edmonton		DNS

**Mixed 5000 Metre Race Walk Open**

Name	Age Team	Seed	Finals
1 Henry Charrois	M68 EdmontonRacewalk,Ed		29:13.5h
2 Jean McDermitt	W50 Unattached,Calgary		32:17.6h
3 Suzanne Sharp	W66 Greyhounds M,Prince		33:07.6h
4 Val Sirbu	M31 EdmontonRacewalk,Ed		34:14.6h
5 Sheila Ruller	W55 EdmontonRacewalk,St		35:57.1h
6 Garry Stone	M64 EdmontonRacewalk,Ed		36:02.7h
7 Robert Howard	M72 Unattached AB,Edmon		36:07.6h
8 Wendy King	W Unattached AB,Edmon		40:31.8h
9 Bob Blackwood	M75 Unattached,Edmonton		44:55.5h

**Mixed 10000 Metre Race Walk Open**

Name	Age Team	Seed	Finals
1 Philip Vesty	M56 EdmontonRacewalk,Ed		57:45.7h
2 Dave Keenan	M62 Heartland Race.,For		59:36.0h
3 Teresa Chiozza	W69 Heartland Race.,Cal	1:09:18.8h	
-- Johanna Flipsen	W64 Heartland Race.,Led		DNF
-- Gordon Mosher	M43 Unattached,Saskatoo		DQ

**Mixed 20000 Metre Race Walk Open**

Name	Age Team	Seed	Finals
1 Mathieu Bilodeau	M36 Running Room,Canmor		1:29:03.6h
2 Ian Lamplough	M58 EdmontonRacewalk,Ed		2:18:30.6h